

### [Abbott \(St Jude\) Confirm Rx home monitoring](#)

The **Confirm Rx implant (Loop)** is continuously monitoring your heart rhythm and is capable of automatically storing abnormal heart rhythms / rates into it's memory. The criteria for abnormal heart rates / rhythms are programmed into the **Confirm Rx**. In the case of a patient feeling symptoms (eg fainting, palpitations, dizziness) they should use the myMerlin mobile app to manually store and highlight the previous 8 minutes into the Confirm Rx's memory (see part two).

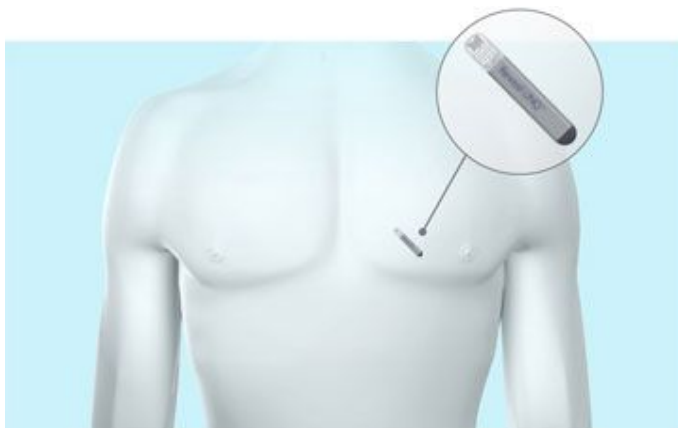
The myMerlin phone app allows **much more frequent analysis** of your Confirm Rx's recordings. During the night the Confirm Rx automatically transmits any new heart rhythm recordings to the phone app. The app then sends the recordings to a secure website that is reviewed daily by a Cardiac Technologist.

### **Remote Rhythm Management monitors your device 7 days a week**

It is very important to note that the Abbott home monitoring is **not an emergency service**. It will notify us of new recordings but is not a continuous 24 hour a day monitoring or alarm service. **In an emergency you must seek the appropriate medical care.**

There are 3 parts to the monitoring system and their purpose is as follows:

**Part one - Confirm Rx:** Small cardiac monitoring device implanted under the skin that continuously monitors the heart's rhythm. All recordings are stored inside Confirm Rx's memory. Please note that medical staff may also refer to the Confirm Rx as Loop recorder.





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**Part two - myMerlin phone app:** It is important that you use the app after experiencing a symptom/event. Open the app and press the "Record Symptoms" button

**Part three - myMerlin phone app:** After pairing, the Confirm Rx will automatically send any new recordings from the memory to the phone app during the night. Therefore the mobile phone should be within two metres of where the patient sleeps with bluetooth on.

### FAQ's

#### How does it work?

- The Confirm Rx monitors continuously and stores abnormal heart rhythms in its memory
- At night any new recordings in the implant are automatically transmitted to the phone app.
- The phone app sends the data to a secure website using the cellular or WiFi network.
- The website is reviewed daily by a Cardiac Technologist
- Any abnormalities are reported to your doctor

#### Is the home monitoring covered by Medicare or health funds?

Currently there is no rebate for monitoring Confirm Rx's (or loop device's). Therefore there is an annual fee for monitoring your device.

#### How do I record a symptom?

Open the app on your smartphone and press the 'Record Symptoms' button. You should keep your smartphone nearby and the app open until the 'Success' message displays. This process can take about 15 minutes to complete.

#### Do I leave the monitor on all the time?

Yes ideally, the app needs to be on all the time so that daily checks of your device can be performed.

**Phone Contact Hours:** Monday to Friday 9am to 5pm (excluding public holidays).

Please phone between the hours of 9am and 5pm Monday - Friday (excluding public holidays) if you have any queries.

For any further information regarding your device or fees associated with this service please contact **Nicholas Youngs** on **0412 326 149**.

